

# St. Ambrose Church



210 South Street, Cambridge ON N1R 2P4 519-621-2013

Email: [stambrose@golden.net](mailto:stambrose@golden.net) Website: [stambrosecambridge.ca](http://stambrosecambridge.ca)

**OFFICE HOURS:** Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

## WEEKEND HOLY MASSES:

Saturday 5:00 pm

Sunday 9:00 am and 11:00 am

## SACRAMENT OF RECONCILIATION:

Monday 6:00 pm to 6:45 pm

Tuesday, Thursday, and Friday from 8:30 am to 9:30 am

Wednesday 6:00 pm to 6:45 pm

Saturday 4:00 pm to 4:45 pm

Sunday 8:00 am to 8:45 am; 10:15 am to 10:45 am

## Fr. Gary Schlack - Pastor

Fr. Michael King, retired - in residence

Rev. Mr. Paul Klaassen - Deacon

Barbara Roy - Administrative Assistant

Rose Capistrano - Youth Ministry

Sandy Figueiredo - Sacristan/Custodian

**PARISH SCHOOLS:** St. Anne School 519-621-8920  
Holy Spirit School 519-621-8973

St. Vincent de Paul School 519-740-0678  
Monsignor Doyle High School 519-622-1290

**BAPTISM** - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.

**MARRIAGE** - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.

**VISITS and COMMUNION TO THE SICK** - Inform the parish office of hospitalization or home confinement.

## FOR THE HOSPITAL/HOSPICE/PATIENTS

Need a Catholic Priest? Please call 519-404-5344

Priests are available 24/7, for emergency ministry, e.g. 'Anointing of the Sick' or 'Last Rites'

For non-emergency ministry please contact your local parish or the hospital/hospice spiritual care team.

**SOCIETY OF ST. VINCENT DE PAUL** - for assistance with food vouchers, leave a message at 519-623-8764

- St. Vincent de Paul Value Store 519-629-0103

## First Saturday Promise:

*"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."*

(Our Lady of Fatima's message to Lucia)

First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

## SECOND SUNDAY OF LENT

### How Did the Stations of the Cross Begin?



Since Lent is a penitential season of preparation for Easter, the Stations of the Cross, which follow the path of Christ from Pontius Pilate's praetorium to Christ's tomb, have been a popular devotion in parishes. In the 16th century, this pathway was officially entitled the "Via Dolorosa" (Sorrowful Way) or simply Way of the Cross or Stations of the Cross.

The tradition of the Stations of the Cross began to take root in the fifth century, when churches started replicating holy places for those who were unable physically to walk the Via Dolorosa. The chapels at the monastery of San Stefano, for example, were commissioned by St. Petronius, Bishop of Bologna, and highlighted several of the places Jesus walked, as well as other important shrines in the Holy Land.

The practice evolved further when Ottoman Turks outlawed pilgrims from stopping at any of the stations in the Holy Land. In response, Stations of the Cross were built in other locations, including the Dominican Friary at Cordova and Poor Clare Convent of Messina (early 1400s); Nuremberg (1468); Louvain (1505); Bamberg, Fribourg, and Rhodes (1507); and Antwerp (1520).

As the practice spread, Pope Innocent XI permitted all churches to erect the Stations of the Cross, and he gave the same indulgences to the Franciscans and their affiliates who participated in them, as though they had taken the physical pilgrimage to the Holy Land. This was later granted to all participants in 1726 by Pope Benedict XIII.

*How was the number of stations set at 14?* Pope Clement XII established this in 1731. Before then, there had not been a set number. Even after the number had been set to 14, some continued to have as many as 600 stations.

The Stations of the Cross are still important in Catholic worship, and they continue to be updated. Pope Paul VI approved a Gospel-based version of the stations in 1975 (removing those events not found in the Gospels from the stations), and Pope John Paul II wrote his own version, the "Stations of the Cross for Life."

At St. Ambrose Church Stations of the Cross are prayed every Friday night at 6:30 p.m. Join us for this Lenten devotion!



#### Monday, March 2

7:00 pm + YVONNE DaSILVA – Anna Dias and family  
*Confessions 6pm to 6:45 pm*  
*Catechism video program after Mass.*

#### Tuesday, March 3

8:00 am + MANUEL SOUSA - Maria  
**CONFESSIONS at 8:30 am to 9:30 am**  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**  
**2:30 pm** – Prayers for the Sick. Everyone is welcome to join us in the Church. Please use the parking lot side door.

#### Wednesday, March 4

7:00 pm + SOULS IN PURATORY  
+ FRANK CEKAN – Daniel  
+ MANUEL DIAS – Andrew, Anna, Kyle, Aiden  
+ MARIA VU – Thanh  
+ FRANCISCO & ANA PEREIRA – Ana and Manuel  
**CONFESSIONS at 6:00 pm to 6:45 pm**  
**Adoration of the Blessed Sacrament 6pm to 7pm**

#### Thursday, March 5

8:00 am + PETER TRAN – Theresa Tran  
**CONFESSIONS at 8:30 am to 9:30 am**  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**

#### Friday, March 6

8:00 am + JOAO & MARIA CHAVES & DECEASED FAMILIES  
**CONFESSIONS at 8:30 am to 9:30 am**  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**  
**6:30 pm – STATIONS OF THE CROSS**

#### Saturday, March 7

8:00 am – Healing of the Family Tree Mass  
**CONFESSIONS at 4:00 pm to 4:45 pm**  
**5:00 pm** + JASON PENNEY – his parents  
+ EMILIA, MANUEL & ANTONIO MOREIRA – Rosa  
+ MARTIN BOLGER – Linda and Beth  
+ MANUEL MONTEIRO – Cecilia and Aldwin  
+ JORGE FAGUNDES – Costelo family  
- for the intentions of Lucy

#### Sunday, March 8 – Third Sunday of Lent

**9:00 am** – for the intentions of Ikenna Ngwaba  
**11:00 am** – for the intentions of all parishioners  
*Confessions 8am to 8:45 am and 10:15am to 10:30am*

MARCH 1, 2026

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**March 14, 15, 16, 17, 2026**

**Father Ian Duffy**, Pastor of the Basilica of Our Lady, Guelph will be preaching our parish Lenten Mission, this year.

Father Duffy will introduce the Lenten Mission at all weekend Masses on March 14/15, as the homilist.

The theme will be "*St. Joseph, An Example of Holiness in Ordinary Life*"

Monday, March 16, Mass at 7:00 pm with a Lenten homily  
Tuesday, March 17, Mass at 7:00 pm with a Lenten homily  
Confession will be offered on the Monday and Tuesday nights from 6pm to 6:45 pm, prior to Mass.

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Diocese of Hamilton **Wedding Anniversary Mass** will be held at the Cathedral Basilica of Christ the King in Hamilton on Sunday May 31<sup>st</sup> at 1:30 PM.

This is an annual Mass for couples celebrating their 25th, 40th, 50th, 60th or 60th plus Wedding Anniversary!

Mass includes a renewal of marriage vows by all participating anniversary couples. **Registration required online** at the diocesan website at [hamiltondiocese.com](http://hamiltondiocese.com) then click on "events" section.

A formal invitation (including general information and directions) is mailed to the home of the anniversary couple once registration has been received

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**Mom & Tots Pray & Play:** Do you want to introduce your child/children to Eucharistic Adoration. Bring your children to adoration, and when you're ready, leave them to enjoy supervised play time with other children for the remaining time while you pray alone. This is held the LAST Monday of each month from 10:00-11:30am in the Adoration Chapel and Children's Liturgy room at St. Ambrose Church. Registration is required, please email [momtotsprayplay@gmail.com](mailto:momtotsprayplay@gmail.com) Please register for the upcoming date of **Monday, March 30<sup>th</sup>**

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**Sacrament of Confirmation – Parents are reminded that the registration form for their child for the Sacrament of Confirmation** is required to be emailed or delivered to the parish office by March 8<sup>th</sup> please.

**St. Ambrose Ladies' group, "Daughters of the King"** will meet on **Tuesday, March 3, 2026** in the Church Hall, 7pm to 9pm. All ladies are welcome.

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**St. Ambrose Youth Group Gatherings for March  
Kids in Grades 7 to 12 welcome!**

Games, activities, uplifting prayer, and always snacks. Join us for the MARCH evenings in the Church Hall - 6:00 pm to 8:00 pm (enter through side door on the parking lot)

Monday, March 2; Tuesday, March 10;  
Tuesday, March 24

Contact Rose for info [youth@stambrosecambridge.ca](mailto:youth@stambrosecambridge.ca)

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**LOOKING FOR SUPPORT FOR YOUR MARRIAGE** – Does your marriage feel like it is more trouble than joy, does it feel stagnant, or disconnected? The solution is Retrouvaille (*ret-ROO-vai*) whose one purpose is to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves. It is designed to improve communication, build stronger marriages, and help couples reconnect. This is for struggling couples, including those who may be considering separation or divorce. The next Retrouvaille weekend is March 13-15, 2026. Call 905-664-5212 or email [1013r@helpourmarriage.org](mailto:1013r@helpourmarriage.org)

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**Pro-Life Prayer Vigil** – Thursday, March 5, 2026, from 10:00 a.m. to 11:00 am. Opposite Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road, Schneider Park.

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**Formed.org**

**Lenten videos, podcasts FREE ACCESS for parishioners**  
To sign-up, go to the website, select "formed for parishes" then click on "find your parish subscription. Then type-in St. Ambrose Church, Cambridge ON. Then, follow the instructions. Our parish pays for the yearly subscription to allow our parishioners to access this wonderful website.

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